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Home of the Eagles



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October 6, 2022

Dear Parents/Guardians:

P: 201-288-2138

Students in grade 3 will be taking the Cognitive Abilities Test (CogAT) to determine eligibility for our Gifted and Talented Programming. Please click on the link below to review District Regulation 2464 - Gifted and Talented Pupils:

 $\label{eq:https://www.straussesmay.com/seportal/Public/DistrictRegulation.aspx?RegulationID=2464&id=0\\ 9ad56643d4f4415a1dbfac7f063f0d6 \\ \end{tabular}$

The CogAT measures three different cognitive abilities:

- The **verbal** section measures a child's ability to remember and transform sequences of English words, to understand them and to make inferences and judgments about them.
- The **quantitative** section measures a child's understanding of basic quantitative concepts and relationships.
- The **non-verbal** section measures reasoning using pictures and geometric shapes. This section reduces the impact of language on the student's score.
- The composite score is a total score for all three batteries.

The 3rd grade CogAT will be administered the week of October 11-14, 2022.

This is a test that a student cannot prepare for by studying the night before. However, there are some things that you can do at home to prepare:

- Encourage your child to do his/her best.
- Try not to overemphasize the test, as this may create test anxiety.
- Be sure your child is well rested.
- Be sure your child has a nutritious breakfast: This includes protein-rich foods which can lead to greater mental alertness. Healthy food choices on exam days include: eggs, nuts, yogurt, cottage cheese, whole-grain cereal or pancakes, toast and oatmeal.
- Be sure your child is on time for school.

Yours in education. Mr. Sickels